Do you not have enough time for your family, friends and hobbies? The feeling of constantly playing "catch-up" and being under time constraints led director of the film, Florian Opitz, to seek the causes of this problem in modern society as well as possible solutions.

Dr. Dirk Geldof

Dirk Geldof is a Doctor of Political and Social Sciences (University of Antwerp) and the author of “Unspeeding” (2001). Dr. Geldof has written several books and articles about risk society, work, relaxation and overconsumption. His latest book was published in 2011 and is called “Uncertainty. Survivors of the risk society”. He is also a lecturer on sociology and society at the Institute of Family Studies at HUBrussels.

Professor Mark Elchardus

Mark Elchardus is a Professor of Sociology at the Vrije University of Brussels. Professor Elchardus publishes extensively in the field of cultural sociology. One of his most well-know publications is a book called “Drama Democracy” which describes how Western politics has degenerated into theatrics. In addition to his academic career, Professor Elchardus is also the Chairman of Fonds P & V, a civil society organization which works against the exclusion of young people.

Ms. Moraig Henderson

Moraig Henderson is Deputy Director, Policy and Communications in the UNDP Representation Office in Brussels. She has expertise in the areas of governance, post-conflict recovery and conflict prevention, acquired through both mediation and peace building work. Before coming to Brussels she worked in Germany as Deputy Chief of the Peace Division at UNV. She also served as Head of Office for the UN Mission in Iraq in the semi-autonomous Kurdistan region.
“Human development, as an approach, is concerned with what I take to be the basic development idea: namely, advancing the richness of human life, rather than the richness of the economy in which human beings live, which is only a part of it.”

Prof. Amartya Sen
Professor of Economics, Harvard University
Nobel Laureate in Economics, 1998

HUMAN DEVELOPMENT REPORT

The human development approach is as relevant as ever to making sense of our changing world and finding ways to improve people’s well-being. The first Human Development Report in 1990 opened with the simply stated premise that has guided all subsequent Reports: “People are the real wealth of a nation.” The goal was to put people at the center of development, going beyond income to assess people’s long-term well-being. By backing up this assertion with an abundance of empirical data and a new way of thinking about and measuring development, the Human Development Report has had a profound impact on policies around the world.

The past decades have seen substantial progress in many aspects of human development. Most people today are healthier, live longer, are more educated and have more access to goods and services. Even in countries facing adverse economic conditions, people’s health and education have greatly improved. And there has been progress not only in improving health and education and raising income, but also in expanding people’s power to select leaders, influence public decisions and share knowledge. Yet much more remains to be done in expanding choices and improving well-being for all people in all countries and communities, and for generations yet to come.

“The basic purpose of development is to enlarge people’s choices....The objective of development is to create an enabling environment for people to enjoy long, healthy and creative lives.”

Mahbub ul Haq (1934-1998)
Founder of the Human Development Report

INTERNATIONAL DAY OF HAPPINESS

The International Day of Happiness is a movement to promote happiness as a universal goal and aspiration in the lives of human beings around the world.

On 20 March 2013, the first ever International Day of Happiness was celebrated worldwide. The day was proclaimed by the UN General Assembly to promote happiness as a universal goal and aspiration in the lives of people around the globe. People are now recognising that ‘progress’ should be about increasing human happiness and well-being, not just growing the economy at all costs.

Future Cine-ONU screenings:
4 June “Law of the Jungle” at the Goethe Institute Brussels
Check out our Facebook page: https://www.facebook.com/CineONU