

The Heat: A Kitchen (R)evolution

Directed by Maya Gallus

Meet the panellists:



Maya Gallus, Film Director

Maya Gallus is a Toronto-based, award-winning filmmaker whose most recent feature documentary, *The Heat: A Kitchen (R)evolution*, was the official opening night selection for the 2018 Hot Docs Film Festival and Hot Docs UK, as well as the opening night film for the 2019 Berlinale Culinary Cinema. She formed Red Queen Productions in 2003 with her partner, Justine Pimlott, to make provocative documentaries bringing marginalized subjects to the mainstream with beauty, integrity and an open heart.



Isabelle Arpin, Michelin star chef

Isabelle Arpin is a French chef based in Brussels and owner of the eponymous *Isabelle Arpin* restaurant located in the capital. She is one of the few female Michelin star chefs. Isabelle is also godmother of the organisation Free Go Solidarity where she works with volunteers throughout the year to help families in need.



Chiara Adamo, Head of Gender Equality Unit, Human Rights and Democratic Governance, DG INTPA, European Commission

Chiara Adamo has 20 years of European Commission's experience and 10 years' experience as Head of Unit. Her current unit manages the implementation of the European Instrument on Human Rights and Democracy, it provides quality support on democracy and electoral assistance programmes for developing countries and implements the rights-based approach to development.



Dagmar Schumacher, Director, UN Women Brussels Office

Dagmar Schumacher is the Director of the Brussels office of the UN Entity for Gender Equality and Women's Empowerment. From 1998 – 2002 she worked with UNDP in Hanoi, heading the Poverty and Social Development Unit; before which she worked with the UN in Latin America and New York.



Sietske Steneker, Director, UNFPA Brussels Office

Sietske Steneker is the Director of the Brussels Office of UNFPA and has previously worked as a UNFPA Representative in the Russian Federation, Honduras and El Salvador. She holds master's degrees in International Law (Leiden University) and Public Health in Developing Countries (London School of Hygiene and Tropical Medicine, UK).



Caroline Petit, Deputy Director, United Nations Regional Information Centre (UNRIC)

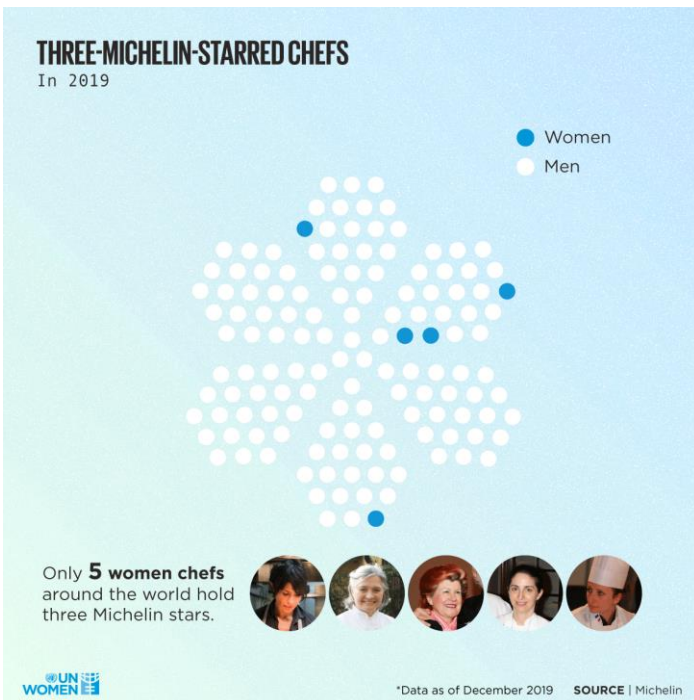
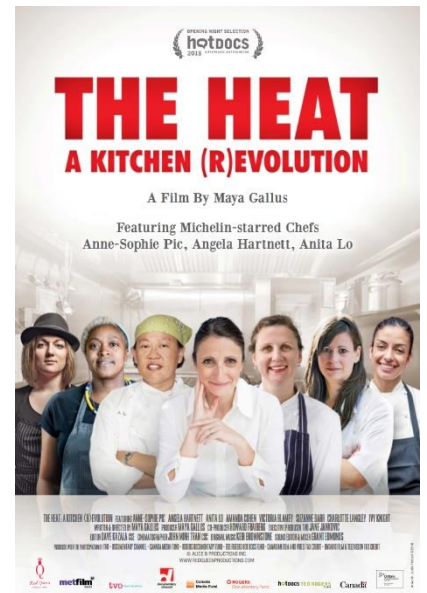
Caroline Petit joined the UN in 2001 as Head of the Media Partnerships Unit, before joining UNRIC in 2013. She has worked in strategic communication and media partnerships at an international level for 25 years. Before joining the UN, she worked at the EC-Media Programme in Brussels, the European Film College in Denmark and the National Film and Television School in London.

International Women's Day 2021

Women of the world want and deserve an equal future free from stigma, stereotypes and violence; a future that's sustainable, peaceful, with equal rights and opportunities for all. To get us there, the world needs women at every table where decisions are being made.

This year, the theme for International Women's Day (8 March), "[Women in leadership: Achieving an equal future in a COVID-19 world](#)," celebrates the tremendous efforts by women and girls around the world in shaping a more equal future and recovery from the COVID-19 pandemic and highlights the gaps that remain.

Women's full and effective participation and leadership in of all areas of life drives progress for everyone. Yet, women are still underrepresented in public life and decision-making, as revealed in the UN [Secretary-General's recent report](#). Women are Heads of State or Government in 22 countries, and only 24.9 per cent of national parliamentarians are women. At the current rate of progress, gender equality among Heads of Government will take another 130 years.



Women are also at the forefront of the battle against COVID-19, as front-line and health sector workers, as scientists, doctors and caregivers, yet [they get paid 11 per cent less globally than their male counterparts](#). An analysis of COVID-19 task teams from 87 countries found only 3.5 per cent of them had gender parity.

When women lead, we see positive results. Some of the most efficient and exemplary responses to the COVID-19 pandemic were led by women. And women, especially young women, are at the forefront of diverse and inclusive movements online and on the streets for social justice, climate change and equality in all parts of the world. Yet, women under 30 are less than 1 per cent of parliamentarians worldwide.

In the world of cuisine and culinary arts, inequalities are striking. While women carry the bulk of domestic work - including cooking-, haute-cuisine and restaurants remain strongly male-dominated. This is why ***The Heat: A Kitchen (R)evolution*** constitutes a welcomed eye-opener.

This year's International Women's Day is a rallying cry for [Generation Equality](#), to act for an equal future for all. The [Generation Equality Forum](#), the most important convening for gender equality investment and actions, kicks off in Mexico City from 29 – 31 March, and culminates in Paris in June 2021. It will draw leaders, visionaries, and activists from around the world, safely on a virtual platform, to push for transformative and lasting change for generations to come.

Learn more about the [Generation Equality Forum](#), [meet the activists](#), and get inspired by stories of women leaders we admire.

